

| Pl | Stnr | Name | Zeit | 1,8 km 25 Hm 13 P | | | | | | | | | | | | | |
|--|---------------------------------------|-------|---------------------|-------------------|---------------------|----------------------|----------------------|----------------------|---------------------|----------------------|---------------------|----------------------|--------------------------|------------------------|----------------------|----------------------|--------|
| | | | | 1(129) | 2(193) | 3(202) | 4(201) | 5(125) | 6(126) | 7(123) | 8(121) | 9(115) | 0(104) | 1(101) | 12(109) | 13(107) | Ziel |
| Damen 12 (3) | | | | | | | | | | | | | | | | | |
| 1 | Luisa Wiesner SpVgg Hainsacker | 23:56 | 1:54 1:54 | 3:41 1:47 | 5:44 2:03 | 10:23 4:39 | 12:19 1:56 | 13:27 1:08 | 19:46 6:19 | 22:10 2:24 | 23:11 01:01 | 23:09 01:00 | 23:45 0:36 | 1:24:05 0:20 | 1:23:38 | 23:56 | |
| 2 | Theresa Hampel SpVgg Hainsacker | 27:34 | 2:48 | 7:02 | 10:02 | 13:33 | 14:53 | 16:34 | 20:40 | 24:02 | 25:46 | 25:54 | 27:17 | 1:27:42 | 1:27:13 | 27:34 | |
| 3 | Marie Rödl SV Burgweinting | 30:47 | 8:05 | 8:29 | 12:01 | 14:52 | 16:02 | 18:15 | 23:21 | 28:05 | 29:05 | 29:36 | 30:18 | 1:30:53 | 1:30:28 | 30:47 | |
| | | | | 8:05 | 0:24 | 3:32 | 2:51 | 1:10 | 2:13 | 5:06 | 4:44 | 01:00 | 0:31 | 0:42 | 0:35 | | |
| Damen 14 (6) | | | | | | | | | | | | | | | | | |
| | | | | 1(129) | 2(193) | 3(196) | 4(204) | 5(198) | 6(194) | 7(195) | 8(197) | 9(199) | 0(207) | 1(192) | 12(206) | 13(202) | 4(126) |
| | | | | 5(125) | 6(122) | 7(121) | 8(115) | 9(106) | 10(101) | 11(110) | 2(111) | 3(102) | Ziel | | | | |
| 1 | Magdalena Rödl SV Burgweinting | 18:57 | 1:44 1:44 | 2:14 0:30 | 2:41 0:27 | 3:24 0:43 | 4:08 0:44 | 5:07 0:59 | 5:51 0:44 | 7:21 1:30 | 8:39 1:18 | 9:26 0:47 | 9:50 0:24 | 10:07 0:17 | 10:33 0:26 | 12:49 2:16 | |
| 2 | Anne Von Keutz SV Burgweinting | 19:34 | 1:06 1:06 | 1:28 0:22 | 2:01 0:33 | 2:39 0:38 | 3:16 0:37 | 4:07 0:51 | 4:49 0:42 | 5:55 1:06 | 7:59 2:04 | 8:37 0:38 | 9:55 1:18 | 10:10 0:15 | 10:35 0:25 | 14:07 3:32 | |
| 3 | Olina Maskova SpVgg Hainsacker | 20:21 | 1:23 1:23 | 2:00 0:37 | 2:26 0:26 | 3:09 0:43 | 3:57 0:48 | 4:48 0:51 | 5:51 1:03 | 7:12 1:21 | 9:34 2:22 | 10:13 0:39 | 10:46 0:33 | 11:04 0:18 | 11:37 0:33 | 14:09 2:32 | |
| 4 | Nele Simon SV Burgweinting | 22:53 | 1:16 13:13 | 1:34 15:13 | 1:57 0:23 | 2:35 0:38 | 4:24 1:49 | 5:06 0:42 | 5:50 0:44 | 6:55 1:05 | 8:03 1:08 | 8:40 0:37 | 8:58 0:18 | 9:12 0:14 | 9:35 0:23 | 12:37 3:02 | |
| 5 | Laura Wiesner SpVgg Hainsacker | 24:38 | 1:36 18:46 | 2:50 21:40 | 3:23 22:37 | 4:06 23:26 | 4:53 23:20 | 5:50 23:52 | 6:34 23:53 | 7:43 24:23 | 11:03 24:21 | 11:46 24:38 | 12:53 1:07 | 13:05 0:12 | 13:37 0:32 | 17:53 4:16 | |
| 6 | Marie Geißler TV 1881 Altdorf | 27:10 | 1:18 12:20 | 1:46 14:28 | 2:07 15:13 | 2:56 16:07 | 3:33 16:01 | 4:32 16:29 | 5:17 ---- | 6:11 ---- | 7:29 16:53 | 8:17 17:10 | 8:41 0:24 | 9:00 13:55 | 9:30 1:16:53 | 11:35 1:16:35 | |
| | | | | 0:45 | 2:08 | 0:45 | 0:00:54 | 0:28 | | | | 0:24 | | *191 | *109 | *107 | |
| Damen 16 (4) Ann. Teilstr.: 202-203 | | | | | | | | | | | | | | | | | |
| | | | | 1(205) | 2(196) | 3(198) | 4(194) | 5(208) | 6(197) | 7(204) | 8(192) | 9(206) | 0(202) | 1(203) | 12(125) | 13(201) | 4(128) |
| | | | | 5(122) | 6(121) | 7(115) | 8(112) | 9(110) | 10(102) | 11(108) | 2(101) | 3(110) | Ziel | | | | |
| 1 | Lara Noller SpVgg Hainsacker | 16:23 | 1:01 1:01 | 1:52 0:51 | 3:06 1:14 | 3:53 0:47 | 4:18 0:25 | 5:08 0:50 | 6:22 1:14 | 7:36 1:14 | 7:55 0:19 | 8:17 0:22 | 11:45 3:28 | 12:10 0:25 | 13:18 1:08 | 14:40 1:22 | |
| 2 | Magdalena Strauss SpVgg Hainsacker | 17:01 | 1:24 | 2:16 | 3:32 | 4:31 | 5:17 | 6:12 | 6:59 | 8:29 | 8:55 | 9:23 | 11:27 | 11:55 | 13:03 | 14:25 | |
| 3 | Jara Lauer SpVgg Hainsacker | 21:39 | 2:01 | 2:37 | 3:27 | 4:09 | 4:42 | 5:37 | 7:10 | 8:51 | 9:06 | 9:31 | 12:45 | 13:10 | 14:10 | 15:32 | |
| 4 | Katharina Luxi SpVgg Hainsacker | 22:16 | 1:30 21:37 | 2:35 22:23 | 3:47 23:19 | 5:36 23:42 | 6:15 24:22 | 7:24 24:31 | 8:29 24:38 | 10:51 25:12 | 11:21 25:10 | 11:47 25:17 | 14:48 | 15:35 | 17:14 | 19:29 | |
| | | | | 2:08 | 0:46 | 0:00:56 | 0:23 | 0:40 | 0:09 | 0:07 | 0:34 | | | | | | |
| Damen C (5) | | | | | | | | | | | | | | | | | |
| | | | | 1(129) | 2(193) | 3(196) | 4(204) | 5(198) | 6(194) | 7(195) | 8(197) | 9(199) | 0(207) | 1(192) | 12(206) | 13(202) | 4(126) |
| | | | | 5(125) | 6(122) | 7(121) | 8(115) | 9(106) | 10(101) | 11(110) | 2(111) | 3(102) | Ziel | | | | |
| 1 | Claudia Lauer SpVgg Hainsacker | 21:28 | 1:47 1:47 | 2:23 0:36 | 3:09 0:46 | 3:59 0:50 | 4:45 0:46 | 5:54 1:09 | 6:48 0:54 | 8:00 1:12 | 9:25 1:25 | 10:10 0:45 | 11:46 1:36 | 12:05 0:19 | 12:45 0:40 | 15:00 2:15 | |
| 2 | Tanja Rödl SV Burgweinting | 22:09 | 1:04 1:41 | 2:12 0:42 | 3:01 0:38 | 3:43 0:42 | 4:30 0:47 | 5:33 1:03 | 6:23 0:50 | 8:00 1:37 | 9:25 1:25 | 10:37 1:12 | 10:59 0:22 | 11:17 0:18 | 13:46 2:29 | 16:02 2:16 | |
| 3 | Elisabeth Reinwald SV Nittendorf | 24:13 | 2:03 17:53 | 2:34 20:16 | 3:12 21:26 | 4:09 22:45 | 5:07 22:38 | 6:39 23:09 | 7:43 23:27 | 9:11 23:45 | 10:58 23:51 | 11:55 24:13 | 12:26 0:31 | 12:55 0:29 | 13:34 0:39 | 16:48 3:14 | |
| 4 | Marit Siefken OLG Regensburg | 36:56 | 2:03 27:03 | 3:31 31:15 | 4:27 33:15 | 5:49 35:07 | 7:07 35:16 | 9:14 35:51 | 11:56 35:59 | 14:21 36:21 | 17:19 36:27 | 18:45 36:56 | 19:43 | 20:19 | 21:12 | 25:27 | |
| 5 | Karina Scherl SpVgg Hainsacker | 37:24 | 1:34 21:10 | 2:05 24:03 | 2:45 25:14 | 3:28 26:19 | 4:21 26:17 | 5:30 26:46 | 6:20 26:46 | 7:49 27:08 | 11:36 27:05 | ----- 27:24 | 13:16 12:55 | ----- | 16:12 2:56 | 20:23 4:11 | |

| Pl | Stnr | Name | Zeit | | | | | | | | | | | | | | |
|---|------|--|---------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|-------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|---------------------------------|---|----------------------------------|--|---------------------------------|
| Damen A (12) Ann. Teilstr.: 202-203 | | | | 3,7 km | 25 Hm | 26 P | | <i>(Forts.)</i> | | | | | | | | | |
| | | | | 1(191) 5(126) | 2(130) 6(123) | 3(196) 7(121) | 4(197) 8(115) | 5(195) 9(112) | 6(194) 10(101) | 7(198) 11(110) | 8(199) 2(104) | 9(206) 3(108) | 10(202) 4(109) | 11(203) 5(110) | 12(125) 26(102) | 13(200) Ziel | 4(201) |
| 10 | | Karla Döhler SV Pechbrunn | 30:53 | 0:45 0:45 27:39 1:46 | 1:46 1:01 30:37 2:58 | 3:09 1:23 32:56 2:19 | 5:35 2:26 34:05 01:09 | 6:35 1:00 34:19 0:14 | 10:25 3:50 34:41 0:22 | 11:36 1:11 34:48 0:07 | 14:10 2:34 35:14 0:26 | 15:16 1:06 35:29 0:15 | 15:54 0:38 36:13 0:44 | 21:53 5:59 36:08 14:17 14:45 | 22:25 0:32 1:36:27 0:19 | 24:46 2:21 36:52 17:08 18:08 | 25:53 1:07 18:37 18:37 |
| | | Milena Grifoni SV Burgweinting | Fehlst | 0:47 0:47 19:43 1:35 | 1:40 0:53 22:18 2:35 | 2:22 0:42 24:17 01:00 | 5:09 2:47 25:17 01:00 | 6:00 0:51 25:31 0:14 | 6:39 0:39 25:53 0:22 | 7:40 1:01 25:58 0:05 | 9:59 2:19 26:03 0:05 | 11:02 1:03 26:09 0:06 | ----- ----- 26:51 0:42 | 14:17 3:45 26:37 0:14 | 14:45 0:28 1:26:51 0:14 | 17:08 2:23 27:11 17:43 18:37 | 18:08 1:00 0:54 0:54 |
| | | Petra Weber SV Burgweinting | Fehlst | 0:39 0:39 20:17 1:40 | 1:28 0:49 23:05 2:48 | 2:11 0:43 25:10 2:05 | 4:26 2:15 26:08 00:58 | 5:16 0:50 26:12 0:04 | 5:54 0:38 26:32 0:20 | 7:05 1:11 26:35 0:03 | 10:08 3:03 26:37 0:02 | 11:07 0:59 26:43 0:06 | 11:36 0:29 27:25 0:42 | ----- ----- 27:13 0:12 | 15:16 3:40 1:27:25 0:12 | 17:43 2:27 27:44 27:44 | 18:37 0:54 0:54 |
| Herren 12 (10) | | | | 1,8 km | 25 Hm | 13 P | | | | | | | | | | | |
| | | | | 1(129) | 2(193) | 3(202) | 4(201) | 5(125) | 6(126) | 7(123) | 8(121) | 9(115) | 10(104) | 11(101) | 12(109) | 13(107) | Ziel |
| 1 | | Zacharias Gierl SV Burgweinting | 18:44 | 1:52 1:52 | 2:42 0:50 | 4:57 2:15 | 7:41 2:44 | 9:02 1:21 | 10:12 1:10 | 13:57 3:45 | 16:18 2:21 | 17:16 00:58 | 17:28 0:12 | 18:07 0:39 | 1:18:42 0:35 | 1:18:20 | 18:44 |
| 2 | | Maximilian Rödl SV Burgweinting | 19:41 | 2:16 2:16 | 3:02 0:46 | 4:45 1:43 | 8:15 3:30 | 9:42 1:27 | 10:51 1:09 | 14:34 3:43 | 17:41 3:07 | 18:43 01:02 | 18:45 0:02 | 19:22 0:37 | 1:19:46 0:24 | 1:19:22 | 19:41 |
| 3 | | Eduard Masek SpVgg Hainsacker | 21:26 | 1:42 1:42 | 2:22 0:40 | 4:36 2:14 | 7:43 3:07 | 8:46 1:03 | 12:57 4:11 | 17:27 4:30 | 19:06 1:39 | 20:12 01:06 | 20:12 0:01 | 21:20 1:07 | 1:21:37 0:17 | 1:21:08 | 21:26 |
| 4 | | Leonidas Noller SpVgg Hainsacker | 21:38 | 2:11 2:11 | 2:59 0:48 | 5:34 2:35 | 9:12 3:38 | 11:39 2:27 | 12:44 1:05 | 16:17 3:33 | 18:50 2:33 | 19:49 00:59 | 19:45 0:05 | 21:00 0:37 | 1:21:43 0:34 | 1:21:19 | 21:38 |
| 5 | | Philipp Fekete-nov SV Burgweinting | 23:42 | 1:16 1:16 | 1:49 0:33 | 4:46 2:57 | 7:49 3:03 | 8:59 1:10 | 11:25 2:26 | 16:21 4:56 | 21:15 4:54 | 22:34 01:19 | 22:39 0:05 | 23:16 0:37 | 1:23:50 0:34 | 1:23:23 | 23:42 |
| 6 | | Sebastian Knaub SV Burgweinting | 25:49 | 1:49 1:49 | 2:28 0:39 | 7:43 5:15 | 10:53 3:10 | 12:26 1:33 | 13:42 1:16 | 18:34 4:52 | 22:31 3:57 | 23:58 01:27 | 23:59 0:01 | 25:02 1:03 | 1:25:32 0:30 | 1:25:17 | 25:49 |
| 7 | | Radovan Masek SpVgg Hainsacker | 25:55 | 2:42 2:42 | 7:29 4:47 | 10:01 2:32 | 13:21 3:20 | 14:52 1:31 | 16:15 1:23 | 21:35 5:20 | 23:57 2:22 | 25:11 01:14 | 25:11 0:00 | 25:48 0:37 | 1:26:08 0:20 | 1:25:38 | 25:55 |
| 8 | | Johannes Pilz SpVgg Hainsacker | 26:52 | 1:45 1:45 | 2:16 0:31 | 7:11 4:55 | 12:25 5:14 | 14:04 1:39 | 18:57 4:53 | 21:55 2:58 | 24:18 2:23 | 25:17 00:59 | 25:28 0:11 | 26:06 0:38 | 1:27:04 0:58 | 1:26:34 | 26:52 |
| 9 | | Lucas Köckeis SpVgg Hainsacker | 31:20 | 2:19 2:19 | 2:52 0:33 | 5:13 2:21 | 10:37 5:24 | ----- | 16:32 5:55 | 20:37 4:05 | 23:57 3:20 | 25:12 01:15 | 25:12 0:03 | 25:51 0:36 | 1:26:10 0:19 | 1:26:01 | 26:20 |
| 10 | | Florian Weickardt SpVgg Hainsacker | :02:13 | 12:21 12:21 | 13:25 1:04 | 15:40 2:15 | 18:40 3:00 | 20:21 1:41 | 33:10 12:49 | 44:28 11:18 | 59:23 14:55 | 01:03 01:40 | :01:14 0:11 | :01:56 0:42 | 2:02:18 0:22 | 2:01:52 | :02:13 |
| Herren 14 (1) | | | | 2,2 km | 20 Hm | 23 P | | | | | | | | | | | |
| | | | | 1(129) | 2(193) | 3(196) | 4(204) | 5(198) | 6(194) | 7(195) | 8(197) | 9(199) | 10(207) | 11(192) | 12(206) | 13(202) | 4(126) |
| 1 | | Benjamin Reinwal SV Nittendorf | 18:10 | 1:37 1:37 | 2:10 0:33 | 2:38 0:28 | 3:19 0:41 | 4:04 0:45 | 5:16 1:12 | 6:02 0:46 | 7:06 1:04 | 8:20 1:14 | 9:09 0:49 | 9:40 0:31 | 10:02 0:22 | 10:27 0:25 | 12:28 2:01 |
| | | | | 13:24 0:56 | 15:23 1:59 | 16:15 0:52 | 17:10 00:55 | 17:01 | 17:29 0:28 | 17:33 0:04 | 17:53 0:20 | 17:51 | 18:10 | | | | |
| Herren 16 (1) Ann. Teilstr.: 202-203 | | | | 2,6 km | 25 Hm | 23 P | | | | | | | | | | | |
| | | | | 1(205) | 2(196) | 3(198) | 4(194) | 5(208) | 6(197) | 7(204) | 8(192) | 9(206) | 10(202) | 11(203) | 12(125) | 13(201) | 4(128) |
| 1 | | Laurin Ahlbrecht SpVgg Hainsacker | 14:33 | 0:46 0:46 | 1:37 0:51 | 2:31 0:54 | 3:15 0:44 | 3:47 0:32 | 4:38 0:51 | 5:45 1:07 | 7:10 1:25 | 7:25 0:15 | 7:45 0:20 | 11:24 3:39 | 11:47 0:23 | 12:47 1:00 | 14:09 1:22 |
| | | | | 15:49 1:40 | 16:31 0:42 | 17:19 00:48 | 17:18 0:06 | 17:24 0:08 | 17:32 0:02 | 17:34 0:02 | 18:09 0:35 | 18:07 | 18:12 | | | | |
| Herren C (3) | | | | 2,2 km | 20 Hm | 23 P | | | | | | | | | | | |
| | | | | 1(129) | 2(193) | 3(196) | 4(204) | 5(198) | 6(194) | 7(195) | 8(197) | 9(199) | 10(207) | 11(192) | 12(206) | 13(202) | 4(126) |
| 1 | | Jo Scherl SpVgg Hainsacker | 21:11 | 1:45 1:45 | 2:16 0:31 | 2:50 0:34 | 3:38 0:48 | 5:06 1:28 | 6:01 0:55 | 6:57 0:56 | 8:11 1:14 | 9:40 1:29 | 10:24 0:44 | 11:36 1:12 | 11:52 0:16 | 12:37 0:45 | 15:08 2:31 |
| 2 | | julio Keményfy SV Burgweinting | 23:16 | 2:33 17:44 | 3:05 20:07 | 3:37 21:05 | 4:23 22:14 | 5:10 22:12 | 6:43 22:40 | 7:36 22:42 | 9:01 22:58 | 10:36 22:56 | 11:40 23:16 | 12:53 12:23 | 13:12 0:206 | 13:59 14:12 | 16:28 2:42 |
| 3 | | Xaver Drexler SpVgg Hainsacker | 25:18 | 2:31 18:13 | 3:53 21:13 | 4:22 22:19 | 5:06 23:37 | 6:03 23:36 | 7:22 24:10 | 8:19 24:19 | 9:26 24:45 | 11:51 24:54 | 12:36 25:18 | 13:17 0:41 | 13:47 0:30 | 14:12 0:25 | 16:54 2:42 |

| Pl | Stnr | Name | Zeit | 3,7 km 25 Hm 26 P (Forts.) | | | | | | | | | | | | | |
|----|------|---|--------------|---|---|-------------------------------|----------------------------------|--------------------------------|--------------------------------|---------------------------------|--------------------------------|--------------------------------|---------------------------------|--|----------------------------------|------------------------|---------------|
| | | | | 1(191) 5(126) | 2(130) 6(123) | 3(196) 7(121) | 4(197) 8(115) | 5(195) 9(112) | 6(194) 10(101) | 7(198) 11(110) | 8(199) 12(104) | 9(206) 13(108) | 10(202) 14(109) | 11(203) 15(110) | 12(125) 16(102) | 13(200) Ziel | 4(201) |
| 8 | | Yannick Lieblich SV Burgweinting | 20:25 | 0:30 0:30 17:23 1:28 8:19 *192 | 1:08 0:38 19:46 2:23 | 1:41 0:33 21:29 1:43 | 3:22 1:41 22:16 :00:47 | 4:09 0:47 22:17 0:01 | 4:44 0:35 22:38 0:21 | 5:39 0:55 22:36 :22:35 | 7:40 2:01 22:39 0:04 | 8:34 0:54 22:39 0:04 | 9:00 0:26 23:20 0:41 | 12:07 3:07 23:04 1:23:14 | 12:38 0:31 1:23:14 0:10 | 15:01 2:23 23:32 | 15:55 0:54 |
| 9 | | Till Geiler USV Jena | 20:31 | 0:36 0:36 18:12 1:24 2:05 | 1:20 0:44 20:17 2:05 | 2:05 0:45 21:38 1:21 | 4:00 1:55 22:19 :00:41 | 4:48 0:48 22:21 0:02 | 5:53 1:05 22:36 0:15 | 6:53 1:00 22:33 :22:28 | 9:42 2:49 22:31 0:03 | 10:37 0:55 22:31 0:39 | 10:55 0:18 23:10 0:39 | 13:40 2:45 22:54 0:06 | 14:05 0:25 1:23:00 0:06 | 15:59 1:54 23:16 | 16:48 0:49 |
| 10 | | Anton Tatzel TV Coburg-Neuses | 20:45 | 0:30 0:30 17:25 1:38 2:05 | 1:07 0:37 19:59 2:34 | 1:44 0:37 21:54 1:55 | 3:37 1:53 22:46 :00:52 | 4:20 0:43 22:45 0:15 | 4:48 0:28 23:00 5:27 | 5:52 1:04 22:59 6:28 | 8:01 2:09 22:54 8:30 | 8:57 0:56 22:58 9:29 | 9:20 0:23 23:37 0:39 | 12:19 2:59 23:21 0:06 | 12:46 0:27 1:23:27 0:06 | 14:58 2:12 23:44 | 15:47 0:49 |
| 11 | | Florian Reinwald SV Nittendorf | 20:54 | 0:39 0:39 17:57 1:21 2:14 | 1:24 0:45 20:11 2:14 | 2:09 0:45 21:46 1:35 | 4:04 1:55 22:39 :00:53 | 4:55 0:51 22:38 0:18 | 5:27 0:32 22:56 0:18 | 6:28 1:01 22:55 :22:57 | 8:30 2:02 22:57 8:30 | 9:29 0:59 23:02 9:29 | 10:07 0:38 23:02 10:07 | 13:19 3:12 23:37 0:32 | 13:51 0:32 1:23:48 0:11 | 15:44 1:53 24:06 | 16:36 0:52 |
| 12 | | Linus Lauer SpVgg Hainsacker | 20:55 | 0:33 0:33 18:01 1:21 1:05 *205 | 1:16 0:43 20:28 2:27 | 1:54 0:38 22:03 1:35 | 3:50 1:56 22:50 :00:47 | 4:36 0:46 22:50 0:00 | 5:34 0:58 23:07 0:17 | 6:31 0:57 23:05 :23:05 | 8:58 2:27 23:02 0:05 | 9:58 1:00 23:07 0:05 | 10:19 0:21 23:07 0:40 | 13:25 3:06 23:33 0:10 | 13:48 0:23 1:23:43 0:10 | 15:50 2:02 24:01 | 16:40 0:50 |
| 13 | | Clemens Hartung SV Burgweinting | 21:23 | 0:37 0:37 17:23 1:21 2:16 | 1:26 0:49 19:39 2:16 | 2:13 0:47 21:24 1:45 | 4:12 1:59 22:12 :00:48 | 4:56 0:44 22:16 0:04 | 5:40 0:44 22:43 0:27 | 6:33 0:53 22:44 0:00 | 8:41 2:08 23:05 0:01 | 9:43 1:02 23:05 0:21 | 10:03 0:20 23:46 0:41 | 13:00 2:57 23:33 0:16 | 13:28 0:28 1:23:49 0:16 | 15:13 1:45 24:20 | 16:02 0:49 |
| 14 | | Rolf Siefken OLG Regensburg | 22:27 | 0:34 0:34 18:32 1:40 2:41 | 1:19 0:45 21:13 2:41 | 1:59 0:40 23:09 1:56 | 4:13 2:14 24:00 :00:51 | 5:01 0:48 24:00 0:00 | 5:50 0:49 24:18 0:18 | 6:47 0:57 24:21 0:03 | 9:00 2:13 24:18 0:05 | 9:59 0:59 24:23 0:05 | 10:26 0:27 25:05 0:42 | 13:18 2:52 24:52 0:09 | 13:48 0:30 1:25:01 0:09 | 15:56 2:08 25:19 | 16:52 0:56 |
| 15 | | Ralf Engler OL Forstern | 23:54 | 0:53 0:53 21:44 1:43 2:26 | 1:57 1:04 24:10 2:26 | 2:52 0:55 26:01 1:51 | 5:34 2:42 26:59 :00:58 | 6:29 0:55 27:04 0:05 | 7:09 0:40 27:22 0:18 | 8:10 1:01 27:23 0:01 | 10:21 2:11 27:21 0:05 | 11:26 1:05 27:26 0:05 | 11:49 0:23 28:11 0:45 | 16:18 4:29 27:55 0:10 | 16:54 0:36 1:28:05 0:10 | 19:03 2:09 28:23 | 20:01 0:58 |
| 16 | | Dennis Busch TV Coburg-Neuses | 24:12 | 0:30 0:30 19:56 1:45 3:00 | 1:13 0:43 22:56 3:00 | 1:53 0:40 25:08 2:12 | 3:55 2:02 26:06 :00:58 | 4:52 0:57 26:08 0:02 | 5:29 0:37 26:29 0:21 | 6:31 1:02 26:33 0:04 | 8:49 2:18 26:41 0:08 | 9:50 1:01 26:49 0:08 | 10:13 0:23 27:33 0:44 | 13:51 3:38 27:22 0:10 | 14:23 0:32 1:27:32 0:10 | 17:04 2:41 27:50 | 18:11 1:07 |
| 17 | | Famile Weickardt SpVgg Hainsacker | 26:29 | 0:54 0:54 21:59 1:25 2:13 | 2:14 1:20 24:12 2:13 | 3:35 1:21 25:36 1:24 | 10:47 7:12 26:21 :00:45 | 11:33 0:46 26:30 0:09 | 12:18 0:45 26:51 0:21 | 13:16 0:58 26:50 0:03 | 14:55 1:39 26:53 0:06 | 15:45 0:50 26:59 0:06 | 16:21 0:36 27:41 0:42 | 18:01 1:40 27:33 0:15 | 18:29 0:28 1:27:48 0:15 | 19:49 1:20 28:09 | 20:34 0:45 |
| 18 | | Karl-Göran Wahlstr OLA TSV Deggendorf | 37:50 | 0:51 0:51 29:44 2:06 | 2:20 1:29 34:28 4:44 | 3:25 1:05 38:03 3:35 | 10:36 7:11 39:17 :01:14 | 11:35 0:59 39:25 0:08 | 12:50 1:15 39:46 0:21 | 14:16 1:26 39:57 0:11 | 17:34 3:18 39:58 0:01 | 18:50 1:16 40:10 0:12 | 19:28 0:38 40:59 0:49 | 23:34 4:06 40:50 0:41 | 24:25 0:51 1:41:31 0:41 | 26:27 2:02 41:56 | 27:38 1:11 |
| | | Vaclav Badura Slovan Karlovy Va | Fehlst | 0:32 0:32 15:06 1:21 :19:58 *109 | 1:10 0:38 17:11 2:05 | 1:43 0:33 18:44 1:33 | 3:20 1:37 19:29 :00:45 | 4:01 0:41 19:31 0:02 | 4:31 0:30 ----- 0:13 | 5:15 0:44 :19:44 0:13 | 6:53 1:38 :19:40 0:04 | 7:45 0:52 19:44 0:04 | 8:10 0:25 :20:24 0:40 | 10:45 2:35 :20:08 0:09 | 11:06 0:21 1:20:17 0:09 | 12:57 1:51 20:34 | 13:45 0:48 |
| | | Yannis Lauer SpVgg Hainsacker | Fehlst | 0:28 0:28 17:22 1:37 0:55 *205 | 1:07 0:39 19:43 2:21 | 1:46 0:39 21:30 1:47 | 2:59 1:13 22:21 :00:51 | 3:39 0:40 22:23 0:02 | 4:13 0:34 22:39 0:16 | 5:06 0:53 22:38 0:16 | 6:34 1:28 22:34 0:03 | 7:43 1:09 22:37 0:04 | 8:02 0:19 23:17 0:40 | 12:47 4:45 22:59 0:08 | 13:14 0:27 1:23:07 0:08 | ----- 23:23 | 15:45 2:31 |
| | | Robert Engl TSV Natternberg | Fehlst | 0:51 0:51 21:37 3:39 :28:14 *101 | 1:43 0:52 24:20 2:43 | 2:40 0:57 26:10 1:50 | 4:59 2:19 27:05 :00:55 | 5:57 0:58 27:08 0:03 | 6:32 0:35 27:24 0:16 | 7:38 1:06 27:23 0:01 | 9:58 2:20 27:27 0:04 | 10:59 1:01 27:31 0:04 | 11:21 0:22 28:12 0:41 | 14:12 2:51 ----- 1:28:07 | 14:40 0:28 28:26 | 16:56 2:16 28:26 | 17:58 1:02 |
| | | Markus Hekeler SV Burgweinting | Fehlst | 2:10 2:10 22:43 1:43 :28:59 *101 | 3:00 0:50 25:11 2:28 | 3:43 0:43 26:57 1:46 | 5:56 2:13 27:49 :00:52 | 6:43 0:47 27:52 0:03 | 7:17 0:34 28:09 0:17 | 8:25 1:08 28:10 0:01 | 10:46 2:21 28:11 0:01 | 11:45 0:59 28:16 0:05 | 12:06 0:21 28:58 0:42 | 14:59 2:53 ----- 1:28:54 | 15:27 0:28 29:11 | 17:43 2:16 29:11 | 21:00 3:17 |
| | | Thomas Döhler SV Pechbrunn | Fehlst | 0:47 0:47 22:30 1:47 1:24 *205 | 1:39 0:52 25:47 3:17 :30:14 *101 | 2:23 0:44 28:05 2:18 | 6:20 3:57 29:17 :01:12 | 7:17 0:57 29:21 0:04 | 8:01 0:44 29:38 0:17 | 8:58 0:57 29:38 0:00 | 11:41 2:43 29:34 0:05 | 12:45 1:04 29:39 0:40 | 13:14 0:29 30:19 0:40 | 16:43 3:29 ----- 1:30:11 | 17:16 0:33 30:30 | 19:39 2:23 30:30 | 20:43 1:04 |

| Pl | Stnr | Name | Zeit | | | | | | | | | | | | | | |
|-------------|------|----------------------------|--------------|-------------|-------------|-------------|-------------|--------------|--------------|--------------|--------------|--------------|---------------|---------------|----------------|----------------|--------------|
| Offen D (4) | | | 1,8 km 25 Hm | | | | | 13 P | | | | | | | | Ziel | |
| | | | 1(129) | 2(193) | 3(202) | 4(201) | 5(125) | 6(126) | 7(123) | 8(121) | 9(115) | 0(104) | 1(101) | 12(109) | 13(107) | | |
| 1 | | Famile Köckeis | 25:00 | 2:59 | 3:36 | 5:56 | 9:13 | 10:26 | 15:03 | 19:11 | 22:39 | 23:39 | :23:52 | :24:47 | 1:25:11 | 1:24:41 | 25:00 |
| | | SpVgg Hainsacker | | 2:59 | 0:37 | 2:20 | 3:17 | 1:13 | 4:37 | 4:08 | 3:28 | 01:00 | 0:13 | 0:55 | 0:24 | | |
| 2 | | Gleb Lazarev | 27:36 | 2:31 | 3:32 | 7:08 | 12:27 | 13:58 | 15:21 | 20:45 | 24:37 | 26:18 | :26:22 | :27:15 | 1:27:35 | 1:27:13 | 27:36 |
| | | Individuals/No clut | | 2:31 | 1:01 | 3:36 | 5:19 | 1:31 | 1:23 | 5:24 | 3:52 | 01:41 | 0:04 | 0:53 | 0:20 | | |
| | | | | | 17:08 | | | | | | | | | | | | |
| | | | | | *203 | | | | | | | | | | | | |
| 3 | | Martina Christoph | 41:14 | 13:10 | 13:56 | 17:46 | 22:35 | 25:00 | 27:20 | 33:19 | 37:41 | 39:47 | :39:51 | :40:35 | 1:41:02 | 1:40:52 | 41:14 |
| | | OLG Regensburg | | 13:10 | 0:46 | 3:50 | 4:49 | 2:25 | 2:20 | 5:59 | 4:22 | 02:06 | 0:04 | 0:44 | 0:27 | | |
| 4 | | Familie Pilz | 45:44 | 2:48 | 6:26 | 11:38 | 18:49 | 22:23 | 24:49 | 32:54 | 39:49 | 43:21 | :43:17 | :44:51 | 1:45:14 | 1:45:22 | 45:44 |
| | | SpVgg Hainsacker | | 2:48 | 3:38 | 5:12 | 7:11 | 3:34 | 2:26 | 8:05 | 6:55 | 03:32 | | 1:34 | 0:23 | 0:08 | |